

## Camp St. Andrews Packing List Guide

ITEM	QTY		ITEM	QTY	
Underwear	7 to 10	Required	Travel Size Body Soap	1	Required
Socks	8+	Required	Travel Size Shampoo/Conditioner	1	Required
Short-Sleeved Shirts	4 to 6	Required	Brush/Comb	1	Required
Jeans/Long Pants	2 to 4	Required	Sunscreen Full Sized Bottle	2	Required
Shorts <sup>1</sup>	4 to 6	Required	Insect Repellent	1	Required
Tank Tops	4 to 6		Hand Sanitizer	1	
Long-Sleeved Shirts	2 to 4		Toothbrush/Toothpaste/Floss	1	Required
			Chapstick/Lip care	1	
Warm, Long Pajamas	4 to 6	Required	Kleenex Travel Pack	1	
Sturdy Shoes <sup>2</sup> or Boots	2	Required	Travel Size Body Lotion	1	
Warm Hoodie	1	Required	Flushable wipes travel pack	1	
Thick Jacket <sup>3</sup>	1	Required	Deodorant (if applicable)	1	
Bathing Suit	1	Required	Hair ties/Hair care	1	
			Shaving supplies (if applicable)	1	
One "Dance Night" Outfit	1		Sanitary supplies (if applicable)	1	
			Hat (for sun protection)	1	
Pillow (pack it in a bag/labeled. Not loose)	1		Reusable Water Bottle/Camelbak <sup>5</sup>	1	Required
Bath Towel	1	Required	Wristwatch (for LTs & staff)	1	Required
Pool Towel	1	Required	Stamped Postcards addressed to home	3	
Washcloth/Loofah	1		Paperback Books/Bible (no Kindles, etc.)	1	
Flip Flops (Only allowed in shower house)	1		Flashlight and batteries/headlamp	1	Required
Twin Sheet for Mattress	1		Backpack for the Bus <sup>6</sup>	1	Required
Labeled Large Laundry Bag/Trash Bag	1		Musical Instrument	1	
CSA Scarf (for prior campers)	1		Sunglasses	1	
Warm sleeping bag <sup>4</sup>	1	Required	Disposable Camera (no phones for campers or LTs)	1	

<sup>&</sup>lt;sup>1</sup>Very tight super short-shorts are not allowed (not ideal for ropes courses, etc.) Bathing suits should be reasonably modest.

## MARK ALL CLOTHING AND EQUIPMENT WITH CAMPER, LT, OR STAFF NAME

Camp is not responsible for lost, broken, or stolen items.

Medicine/Vitamins must be handed to staff per the instructions on Medical Update Form

Campers/LTs will not possess or use drugs, alcohol, tobacco or fireworks while at camp. Campers/LTs are not allowed to have any firearms or weapons, including knives while at camp.

<sup>&</sup>lt;sup>2</sup> Sandals, flip-flops\*, and open-toed shoes are not suitable footwear at camp and are not allowed. Hiking shoes/boots are recommended footwear at camp, and must be worn with socks at all times. \*Flip-flops can be brought only for use in the shower house.

<sup>&</sup>lt;sup>3</sup> Nights can be very chilly, especially during our evening campfires. Layers or a thick jacket are recommended.

<sup>&</sup>lt;sup>4</sup> A warm sleeping bag is <u>required with minimum 30-degree rating</u>. Slumber bags or blankets are not suitable.

<sup>&</sup>lt;sup>5</sup> A water bottle or canteen is ABSOLUTELY required due to activity and altitude. We recommend one that can hold approximately 32 oz. of water. It must be reusable and leakproof. Hydration backpacks are also acceptable.

<sup>&</sup>lt;sup>6</sup> Backpack can be filled with the bagged lunch, filled water bottle, paperback books, and a disposable camera for Departure Day. No other food can be packed for camp. Medicines are turned in at check-in and returned on Return Day. A backpack can also help with trips to the shower house. Kindle/phones/e-readers are <u>not</u> allowed.