

2024 CSA Parent Orientation

AGENDA

Welcome

- CSA Introductions
- Participant Introductions

Camp Overview

- Camp "Before You Go"
- 2024 Bus Arrival Day Procedures
- What to Wear and Bring
- Camper Medical Update Form
- Photos a Day in the Life

Presentation

- Navigating <u>www.campstandrews.org</u>
- CSA Packing List
- CSA Who Where When Form
- Parent Handbook

CSA Website

Q&A Open Forum Questions will be recorded and sent with final reminder email

TODAY'S CSA SPEAKERS



Ana Flores-Siemsen



Jon Chiu



Jen Adams



Matthew McGeorge



Delaney Nunes



Tiffany Egli



SUMMER CAMP



ounded in 1970, Camp St. Andrews

San Bruno is a one-week-long, sleepaway, Bay Area summer camp for kids eight and up.

U

ltimate summer camp experience

might be considered a subjective description, but more importantly, it starts with "U."



estled in the heart of the Sierra-Nevada

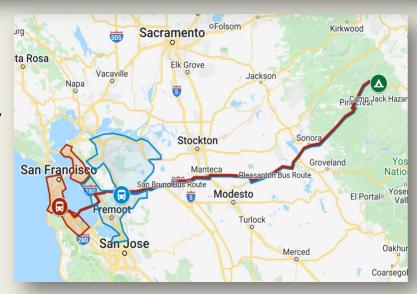
Mountains, at a place where granite masses and thick conifer forests preside on a mountain face, Camp St. Andrews is held at 6,000 feet in elevation – the perfect location for a High Sierra summer camp adventure. We pride ourselves on bringing out the beauty in all who attend, creating memories, stories, lifelong friends, wilderness awareness, and the urge to relive it for years to come.

- One week at the end of each July
- CSA rents out the Camp Jack Hazard facility
- CSA's program is 100% volunteer-run
- Incorporated as Camp St. Andrews, Inc.

Camp St. Andrews, Inc. A California 501(c)(3) Public Benefit Nonprofit Corporation Federal Tax ID (EIN): 82-1829149

CAMP OVERVIEW

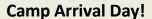




BEFORE YOU GO!

Pack for Camp

- Did you mark and label your clothes? (note: they will get dirty!)
- Are your toiletries in spill-proof containers or Ziploc bags?
- Do you have the right reusable water bottle?
- Do you have a suitable sleeping bag? (It gets very cold at night)
- Did you label your luggage and your backpack for Arrival Day?
- Did you review the list of forbidden items/cell phone rules from the CAMPER CONDUCT WAIVER?



- Did you review the date, address, and check-in time for the bus?
- Did you review our health screening and lice check policy?
- Do you have all medications in a Ziploc-style bag with a completed MEDICAL UPDATE FORM **in** hand?

(To be handed to the bus chaperone/check-in coordinator – **DO NOT PACK IN LUGGAGE**. Please make bus chaperone aware of any lunchtime meds)

- Did you pack the backpack for the bus ride?
- A bagged lunch (all items disposable please)
- Filled reusable water bottle
- Labeled disposable camera
- Returning campers: Are you wearing your scarf?
- Eat a good breakfast and put on some sunscreen!

This form is called the "Let's go to Camp!" Checklist at our website in the FORMS section under INFO: https://www.campstandrews.org/forms



CAMP ARRIVAL DAY- Locations

You must check in at the location you chose at registration.

Participant Arrival time: At 8am. Bus departs

when all are checked in.

Bus Location short-name: San Bruno

Bus location address: SEA Church – Front

1600 Santa Lucia Ave.

San Bruno, CA





Participant Arrival time: At 9am. Bus departs

when all are checked in.

Bus Location short-name: Pleasanton

Bus location address: Do not Google:

rear of Val Vista Park

use: 4301 Payne Rd,

Pleasanton, CA



The same information is show in webpage format in the INFO section under Who Where When https://www.campstandrews.org/who-where-when/

CAMP ARRIVAL DAY- Check in and loading

Arrival

You may leave the luggage in the car or set it aside until you receive your luggage tags. Please note that sometimes the below steps may change in order or detail depending on logistics.

STATION/Step One is the lice check.

CSA site volunteer does a quick check for lice

CSA site volunteer gives the camper their name tag, has the child move on to Station/Step Two

STATION/Step Two is actual check-in.

Parent/Guardian fills camper's full name and puts name tag on outermost clothing of camper

Parent/Guardian submits the labeled Medical Update Form and meds, if any.

CSA site volunteer ensures each child has a bagged lunch and reusable water bottle, and provides luggage tags. Note: lunches stay in their own backpacks this year. They eat on the bus!

Parent/Guardian affixes the luggage tags on everything including backpack

Parent/Guardian helps get luggage to Station Three, the bus loading area

STATION/Step Three is luggage. (ZERO food allowed in luggage! Only the backpack!)

Parent/Guardian helps load bottom of bus (if driver allows)

CAMP ARRIVAL DAY- Have fun!

Goodbye, lets go to Camp!

- Do the children have their backpacks?
- Have they used the restroom?
- Have they handed their phones and devices back to their parents/guardians? (Optional)

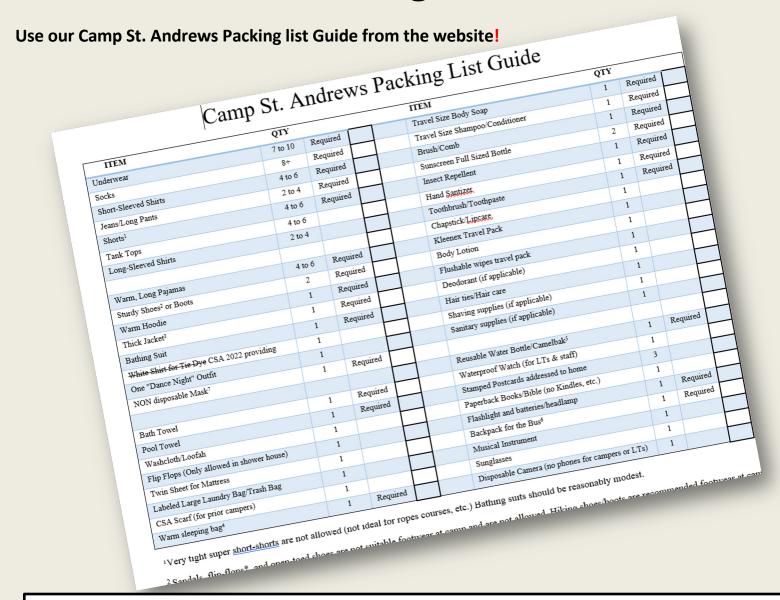
Chaperone uses the bus roster to board children, one by one by name masks optional Once all are boarded, chaperone or volunteer say a prayer with the kids for the journey.

Chaperone with help from volunteers rallies the campers to scream and be ready for camp and to wave goodbye to parents.

Chaperone instructs bus driver to close doors and head out

- Remaining staff will answer any questions from the parents/guardians
- Remaining staff will have extra Who When Where documents for pick up times!
- We encourage you to check Facebook for pictures during the week and for updates!





The actual form is called the "2024 Camp Packing list" at our website in the FORMS section under INFO: https://www.campstandrews.org/forms



We recommend hiking boots. Athletic shoes can be worn instead

Shoes must:

Be closed toed (no flip flops or slides outside of pool house)

Have laces (no Tom's, UGG's or Crocs)

Be worn with visible socks at all times.











It can get hot during the day
It can get pretty cold at night – layers are best!

All tops (shirts, tanks tops, hoodies, etc) should be free from any alcohol, cigarette, sex, violence, drug references, as well as free from satanic imagery or foul language.

No belly tops or sagging jeans.











It is good to stay hydrated, protected from the sun during the day, and warm enough at night.



Pants and Shorts must:
fit well
Shorts for hot weather
Pants for cool evenings
and certain activities
nothing offensive
avoid wording on
bottoms



Not show any pocket







- Should be Sturdy and Reusable
- Must be labeled (Masking Tape with Sharpie works)
- Should seal completely
- Camelbak's are accepted

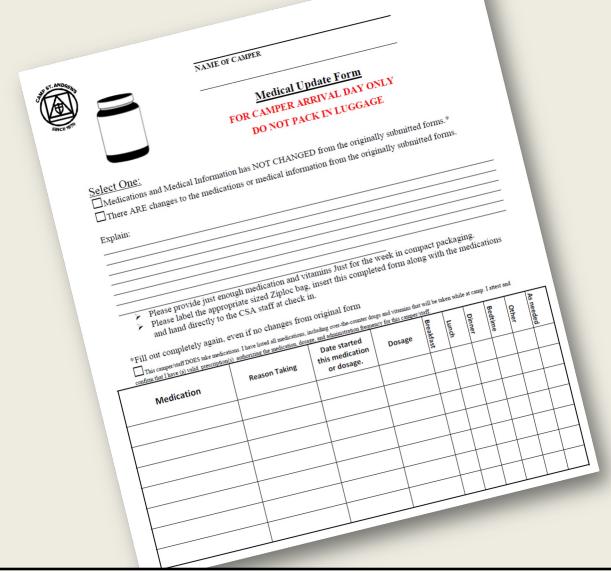






What to wear and bring - Medical Update Form

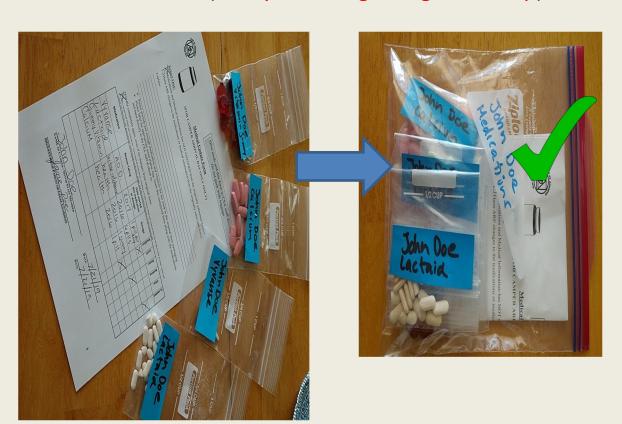
ONLY USE IF YOUR PARTICIPANT TAKES MEDS AT CAMP



This form is called the "2024 Camper Medical Update" form at our website in the FORMS section under INFO: https://www.campstandrews.org/forms

What to wear and bring – IF participant has meds

- 1) Make sure your information is correct on the Medical Form if still not filled out online.
- 2) Regardless, the Medication Form for Arrival day must be filled out and included in the ziploc with the meds that are handed to the check in team(if any are being brought to camp)





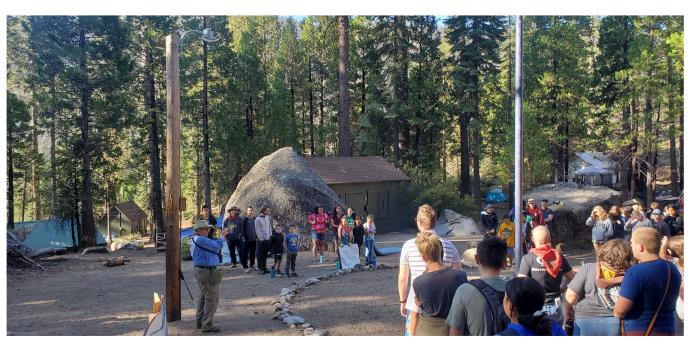
This form is called the "2024 Camper Medical Update" form at our website in the FORMS section under INFO: https://www.campstandrews.org/forms

A day in the life- Program Sample

Monαay, July 21, 2008 Super Hero Day

Time	Location	Activity	Notes
7:00-7:30	Cabin Areas	Rise & Shine	CSA Radio
7:30-7:40		Flag	Flag & Grace: Sr. Girls
	Flag Pole	Grace	Hop: Int. Boys
		Announcements	
7:45-8:25	Chow Hall	BREAKFAST	Meds right outside chow hall
8:35-9:10	Chapel Rock	Chapel	Go straight there
9:20-10:55	Session 1		
	Scarf Discussions	Intermediates	Meet at Chow Hall
	Hike w./ Bright	Seniors	Meet at Arts & Crafts
	Rocks & Ropes/ Arts & Crafts	Juniors	Meet at Ropes Course
	Chow Hall	Quiet Games	Led by C's, CIT's & UD's
11:00-11:45	Outcast Rock	Camp Photo	ALL
11:50-12:30	Chow Hall	LUNCH	Hop & Grace: Sr. Girls
12:30-1:20	Cabins	SIESTA	Write letters for dinner
	Flag Pole	Green Scarf Ceremony	Led by Steve
1:25-3:00	Session 2		
	Archery / Swimming/ Arts & Crafts	Seniors	Meet at Archery or Pool
	Hike w/ Bright	Intermediates	Meet at Arts & Crafts
	Scarf Discussions	Juniors	Meet at Chow Hall
	Chow Hall	Quiet Games	Led by C's, CIT's & UD's
2:45	Chow Hall	Canteen Prep	UD's
3:05-3:35	Chow Hall	CANTEEN	Led by John S.
3:40-5:15	Session 3		
		Super Hero Pageant	Led by Mike
5:15-5:40	Cabins	Recall	•
5:45-6:00		Flag	Flag & Grace: Jr. Girls
	Flag Pole	Grace	Hop: Int. Girls
		Announcements	
6:00-7:00	Chow Hall	DINNER	Letter Dinner
7:00-8:00	Twilight		
	Cabin Areas	Campfire Prep	
8:10-9:30	Campfire	Campfire	
9:30-9:45	Cabins Bathroom	Bed Prep	
10:00-11:00	Flag Pole	Purple Scarf Ceremony	Led by Steve
	Pioneer Rock	Astronomy	Seniors
10:00-7:00	Cabins	Lights Out	

A day in the life- Photos





A day in the life- Photos











A day in the life- Photos













Facility-Photos- Arts and Crafts

Facility-Photos- A&C







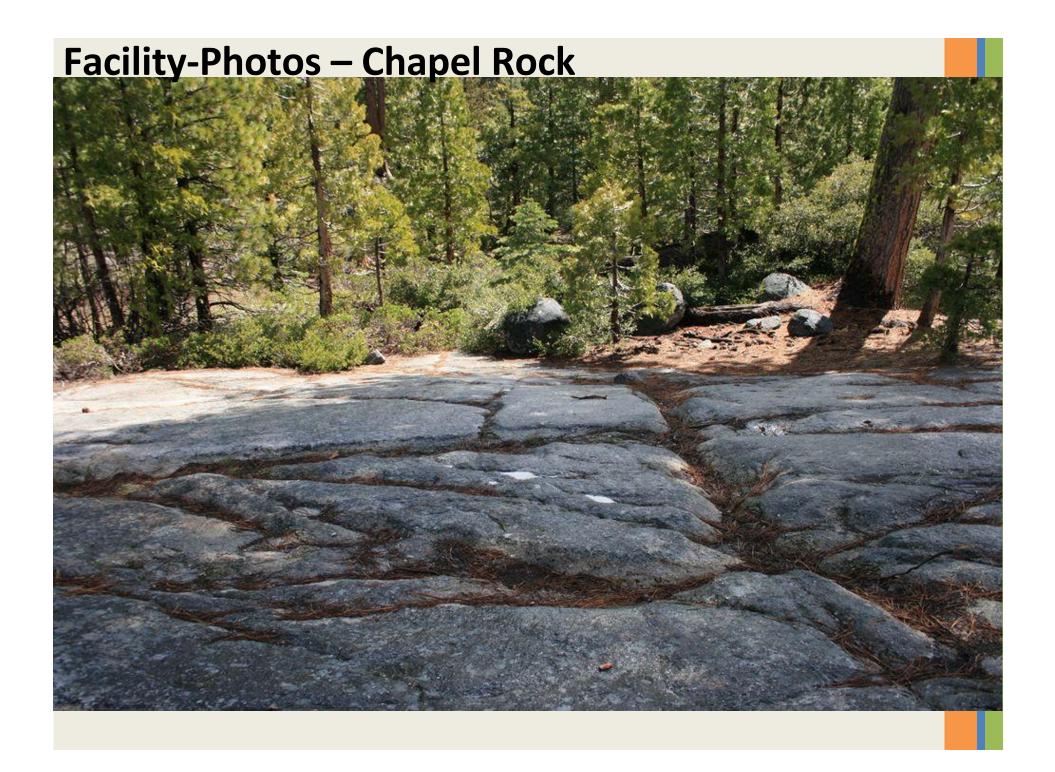
Facility-Photos- Dining Hall Outside



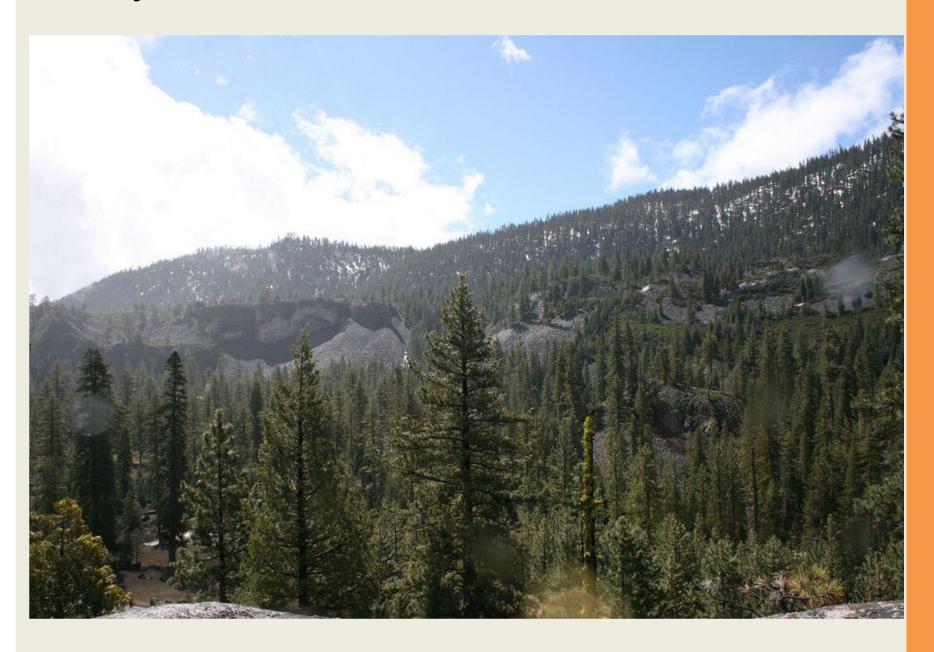
Facility-Photos –Dining Hall Inside



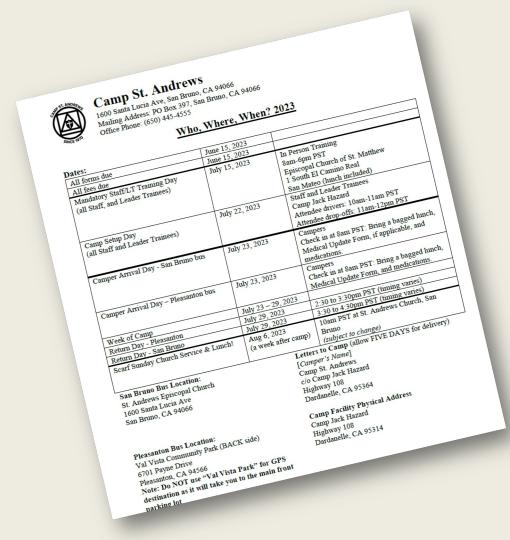
Facility-Photos – Campfire Rock



Facility-Photos – Pioneer Rock View



WHO, WHERE, WHEN?



- When to pick the kids up
- The address of bus locations
- The address of the camp
- The address to send letters
- How long camp is
- The date of return and approximate time
- The normal phone number for CSA
- The emergency only phone line at facility
- Our website

The same information is show in webpage format in the INFO section under Who Where When https://www.campstandrews.org/who-where-when/

Parent Handbook

CSA CAMPER-PARENT HANDBOOK

LAINCHMANN

LYON CARRON go to camp due to illness, please let the registrac know as soon as possible, as we normally have other campers on our waiting list. RENTHAMBLE CAMPER PERS are refunded as outlined in the refund policy on the TERMS & COMPATIONS page at CAMPER PERS are refunded as outlined in the refund policy on the CAMPER PERS AS A CAMP

Spending Money/Cash

Spending Money/Cash

CAMPER FEES cover all meals, snacks, activities, transportation, camp photo, and camp t-shirt. No money should be brought to camp.

DINKMATES

DUNCHMATES

DUNCHMA

Transportation

Health Screening

Health Scree

Head Lice Policy

Head Lice Policy

A camper with any mits or lice will not be allowed to board the bus. The bus chaperone location coordinator will be commerted by the commert

Medication

The CAMPER REGISTRATION INSORMATION provided Camp St. Andrews with the camper's medical nurse resistance and medical nurse resistance and medical nurse resistance and medical nurse resistance and resistance and resistance resistan

Camp St. Andrews



re is no cell service or outlets at the camp facility. As noted in the CAMPER CODE OF CONDUCT form used below), cell phones cannot be used in any capacity (not for pictures, not for reading, not for games) by ers or LTs once on facility grounds. Though we do allow digital cameras, we highly recommend you ase or pack disposable cameras instead. Camp St. Andrews is not responsible for any theft or damage to

vers will attend a daily, non-denominational service in the outdoor chapel. The Friday chapel may also Eucharist service. Please discuss with your camper if you want them to participate in this portion of

Visitors

up is only seven days, there is no "Visitor's Day" and no unscheduled visitors are allowed on the be considered for access to the premises, prior approval must be obtained from the Camp Director, but is not limited to the completion of additional forms and a background check.

"I'll come get you'

can Camp Association: "The most common mistake parents make is the Pick-up Deal. It's en to ask, 'What if I feel homesick?' Tell your child that some feelings of homesickness are the say, what it is the followed in the property of the proper fter spending practice time away from home, a child is still very anxious about overnight

arent? This article from the American Psychological Association gives some advice on

Letters from Home

ad postcards from home! Mail Call can be quite an event at camp. Because of our e up to five days for letters to arrive. Please mail by Sunday.

azard

letters positive and inquisitive. Campers who are enjoying themselves may n reading about how much their family and pets miss them.

Food and Care Packages

are provided during the camp session. There is absolutely no outside food, wed at camp. Please do not pack these items or include them in shipped care do discourage elaborate care packages as it causes a disparity of experience ess from the other campers.

amp St. Andrews

0 Santa Lucia Ave, San Bruno, CA 94066 ling Address: PO Box 397, San Bruno, CA 94066 ce Phone: (650) 445-4555

CSA Camper Code of Conduct

this document with your camper(s) and ensure they fully understand the outlined rules and sus a waiver already signed / checked upon completed registration online. Thank you!

frews is committed to providing a safe and enjoyable experience for every camper, however, campers are It in these efforts. Parents are responsible for ensuring their camper understands the guidelines below. id and sign the Camper Code of Conduct Contract before coming to camp so they know what is expected of

staff if they are experiencing a problem with another camper or other issues. If we are not informed about a

seese very important rules to make sure that every camper and staff member who attends this year gets to amp as you will. Every single one of these rules has been established to ensure YOUR safety and LL the other campers and staff members at Camp St. Andrews.

the for ALL of their belongings at ALL times. Staff are not responsible for lost or stolen items. It is at the risk

electronic equipment including but not limited to: Music players/IPods, video games, laptops, tablets, e phones may be brought, but must stay packed away until departure home.

fully in the program, and follow the daily camp schedule, including wake-up and curfew.

camp policies and rules, as well as directions given by the counselors. Any inappropriate behavior will be of the counselors and staff, based on severity and camp rules. ble for their own behavior, they will be respectful to other campers and staff. Use of profanity, vulgar

le, harass, threaten, or bully others. Acts of violence will not be tolerated. Pushing, kicking, hitting or

enhavior, will not be tolerated, and will be grounds for dismissal from the camp program. ersonal space and property of others. They will not go in any other cabins other than their own. They will

affety for a co-ed outdoor recreation experience. Socks and closed toed shoes at all times except while ing offensively worded or graphic clothing is not acceptable.

cabin group without your counselor knowing. Campers will not play with matches or fire. e drugs, alcohol, tobacco or freworks while at camp. Campers will not have any firearm or weapons, p. Campers will not violate local, state or federal laws.

y damage camp facilities including graffiti; you will be billed for damages.

conduct. Violation of the CODE OF CONDUCT can be grounds for dismissal; this may result in parental puardians arranging that if I disobey the Camp St. Andrews staff, the Camp Director will be notified of my transportation home, at their expense. I understand that refunds are not given when campers are dismissed from the program

I promise not to break anyone's fun, including my own.

The actual handbook is called the "2024 Camper-Parent Handbook" at our website in the FORMS section under INFO: https://www.campstandrews.org/forms

Q&A?

How can we see pictures of our kids?

Answer: We have access to an internet connection for daily uploads of pictures and updates of our session during the week of camp. We will post these at http://facebook.com/csasanbruno

What is the shower situation?

Answer: The shower house is located within close walking distance of the cabins. It has one section for males and one section for females. Hot water, power, sinks, showers and toilets. It is a bit rustic as you would find in a typical campground location: Individual Shower stalls for privacy with a bench and changing area separate from the other areas of the shower house. We do have flip flops, slides on the packing list as optional for shower purposes.

What is the weather like?

Answer: 2024 week of camp is predicted to have highs in the mid 80's and lows in the 50's. It is usually clear though some years we have indeed had a few showers or sprinkles. The packing list encourages a selection of clothing that can be layered to accommodate the different temperatures of the week.

What about the air quality, local fires? In relation to those with asthma?

Answer: We by policy monitor the air quality and any fire situation along with the administrators of the Camp Jack Hazard facility. If air quality became a concern, we may opt to limit activity or change the schedule. If used, do pack an inhaler and indicate on the Medical Update Form

Are you enforcing Vaccinations? For 2024 CSA is not requiring Covid-19 vaccinations, nor self-tests on Arrival Day, and masking is completely optional. CSA may be required to follow any state or federal government guidelines.

Is the bus drop off in the same location? Around what time are the campers expected back? Answer: Yes, the campers will be dropped off at their pickup location. We give a range of "3:30 to 4:30" arrival due to the fluid nature of traffic and buses. By checking the @csasanbruno Facebook page, you'll be able to know when the buses have left the facility and a newly update eta time.





2024 CSA CAMPER CODE OF CONDUCT WAIVER - AS SIGNED ON ACTIVE UPON REGISTRATION

Parents: Please read this document with your camper(s) and ensure they fully understand the outlined rules and expectations. This was a waiver already signed / checked upon completed registration online. Thank you!

The staff of Camp St. Andrews is committed to providing a safe and enjoyable experience for every camper; however, campers are also responsible to assist in these efforts. Parents are responsible for ensuring their camper understands the guidelines below. Each camper must read and sign the Camper Code of Conduct Contract before coming to camp so they know what is expected of them.

Campers must inform staff if they are experiencing a problem with another camper or other issues. If we are not informed about a problem, we cannot stop the problem or assist the camper.

You promise to follow these very important rules to make sure that every camper and staff member who attends this year gets to have as much FUN at camp as you will. Every single one of these rules has been established to ensure YOUR safety and enjoyment, as well as ALL the other campers and staff members at Camp St. Andrews.

- Campers are responsible for ALL of their belongings at ALL times. Staff are not responsible for lost or stolen items. It is at the risk of the camper when bringing items to camp.
- Campers will not bring electronic equipment including but not limited to: Music players/iPods, video games, laptops, tablets, Kindles/e-Readers. Mobile phones may be brought, but must stay packed away until departure home.
- Campers will participate fully in the program, and follow the daily camp schedule, including wake-up and curfew.
- Campers will follow ALL camp policies and rules, as well as directions given by the counselors. Any inappropriate behavior will be handled at the discretion of the counselors and staff, based on severity and camp rules.
- Campers will be responsible for their own behavior, they will be respectful to other campers and staff. Use of profanity, vulgar language, or obscene gestures are unacceptable.
- Campers will not intimidate, harass, threaten, or bully others. Acts of violence will not be tolerated. Pushing, kicking, hitting or fighting are not acceptable behavior, will not be tolerated, and will be grounds for dismissal from the camp program.
- Campers will respect the personal space and property of others. They will not go in any other cabins other than their own. They will not take things that do not belong to them.
- Campers will dress appropriately for a co-ed outdoor recreation experience. Socks and closed toed shoes at all times except while showering / swimming. Wearing offensively worded or graphic clothing is not acceptable.
- Campers will not leave their cabin group without your counselor knowing. Campers will not play with matches or fire.
- Campers will not have or use drugs, alcohol, tobacco or fireworks while at camp. Campers will not have any firearm or weapons, including knives while at camp. Campers will not violate local, state or federal laws.
- Campers will not intentionally damage camp facilities including graffiti; you will be billed for damages.
- CAMPERS WILL HAVE FUN!

By signing this agreement, I understand that if I disobey the Camp St. Andrews staff, the Camp Director will be notified of my conduct. Violation of the CODE OF CONDUCT can be grounds for dismissal; this may result in parents/guardians arranging transportation home, at their expense. I understand that refunds are not given when campers are dismissed from the program.

I promise not to break anyone's fun, including my own.